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DECATUR, IL  
PERMIT NO. 330



# Trips & More

April - September 2019

## Events for those 55 and Better!

### Total Fit at the DISC

If you're age 50 or better, get healthy with Total Fit at the DISC! This upgrade of the Fit 3 Program includes individualized training and assistance on the fitness machines. You'll also receive 3 FREE visits to the DISC and quarterly newsletters with valuable health tips and class updates. To be added to the mailing list and join the updated, free Total Fit program, call the DISC at 429-3472

#### Health Screenings

Take advantage of the DISC's free or low-cost health screenings provided by DMH! Each month from 7 - 9 a.m., DMH offers a specific screening test, along with free blood pressure checks. Visit [decaturnparks.org](http://decaturnparks.org) online or call the DISC at 429-3472 for more information. Upcoming 2018 dates: April 10 & May 29.

#### Forever Fit

Forever Fit is an exercise program designed just for you! This low-impact class improves flexibility, endurance and strength, leading to more energy, confidence, and satisfaction in your daily life. Each day of the week offers something different! Call the DISC at 429-3472 for days, times and fee.

#### Fun Fridays

Come play games and do puzzles that stimulate the brain to keep your mind sharp!

**Date:** 2nd & 4th Fridays of each month

**Time:** 9 -10 a.m.

**Location:** DISC, 1295 W. Wood

1295 W. Wood • Decatur, IL 62522 • 217/429-3472



#### Yoder's Kitchen & Beachy's Country Store

Join us for a fun day in Arthur! Eat a buffet lunch at Yoder's Kitchen. Yoder's Kitchen was voted best Illinois family restaurant of 2018! We will also stop at Beachy's Country Store. *Cost of lunch is not included.*

**Date:** Tuesday, April 2

**Time:** Van leaves at 10:30 a.m.

**Cost:** \$12 (\$15 with resident discount)

**RSVP:** March 29

#### Easter Brunch & BINGO

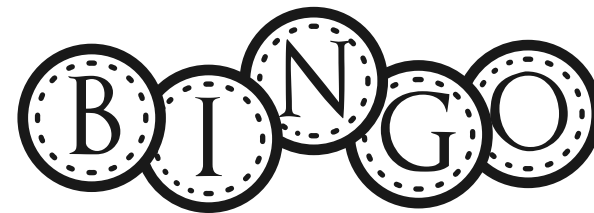
Welcome in spring with a delicious lunch at Johns Hill Center! Try your luck at BINGO afterwards and win some great prizes.

**Date:** Wednesday, April 17

**Time:** 11 a.m.

**Cost:** \$11

**RSVP:** April 10



#### LaTeaDa Tea Room

Come join us on a trip to LaTeaDa Tea Room in Clinton! Shopping first at the same location. *Cost of lunch is not included.*

**Date:** Tuesday, May 7

**Time:** Van leaves at 9:30 a.m.

**Cost:** \$12 (\$15 with resident discount)

**RSVP:** April 30

**Door-to-door transportation is available for just \$2.00 per trip. Call 429-7750!**

#### Mother's Day Lunch & BINGO

It's Mothers' Day! Be our special guest at Johns Hill Center for lunch and BINGO!

**Date:** Monday, May 13

**Time:** Noon

**Cost:** \$11

**RSVP:** May 6

#### National Senior Health & Fitness Day

Join the DISC and organizations across the country in celebration of National Senior Health & Fitness Day, the nation's largest health promotion event for older adults. Enjoy health screenings courtesy of DMH, exercise demonstrations, and giveaways.

**Date:** Wednesday, May 29

**Time:** 8 - 11 a.m.

**Location:** TBA

#### Summer Cookout

It's time for Johns Hill Center's summer cookout! We will be grillin' up some hamburgers and hot dogs and serving great summer side dishes and desserts.

**Date:** Thursday, June 13

**Time:** Noon.

**Cost:** \$11

**RSVP:** June 6

#### "Oklahoma" The Little Theatre on the Square

Oklahoma! Set in the Western Indian Territory just after the turn of the century, the high-spirited rivalry between the local farmers and cowboys provides the colorful background against which Curly, a handsome cowboy, and Laurey, a winsome farm girl, play out their love story.

**Date:** Wednesday, July 10

**Time:** Van leaves at 11:30 a.m.

Show starts at 2 p.m.

**Cost:** \$30 (\$33 with resident discount)

**RSVP:** July 3



### Independence Day Lunch

Celebrate Independence Day with some good food!

**Date:** Wednesday, July 17  
**Time:** Noon  
**Cost:** \$11  
**RSVP:** July 10

### Golden Corral & The Muni

We are taking a trip to the Muni to see "Wizard of Oz"! Before the show we will have lunch at the Golden Corral Buffet. This is an outdoor theatre, so the show begins at lunch! *Cost of lunch is not included*

**Date:** Wednesday, August 8  
**Time:** Van leaves at 5 p.m.  
**Cost:** \$20 (\$23 with resident discount)  
**RSVP:** August 1

### 16th Annual Luau

It's time for Johns Hill Center's annual luau! Stop by for a festive lunch and play BINGO for some great Hawaiian prizes.

**Date:** Monday, August 26  
**Time:** Noon  
**Cost:** \$11  
**RSVP:** August 19



### "Joseph and the Amazing Technicolor Dreamcoat" Myers Dinner Theatre

The Irresistible Family Musical about the Trials and Triumphs of Joseph, Israel's Favorite Son! Celebrating its 50th anniversary in 2018, Joseph and the Amazing Technicolor Dreamcoat is a reimagining of the Biblical story of Joseph, his father Jacob, eleven brothers and the coat of many colors.

**Date:** Tuesday, September 3  
**Time:** TBA  
**Cost:** \$50 (\$53 with resident discount)  
**RSVP:** August 28

### Fall Lunch & BINGO

Come to Johns Hill Center for a delicious fall lunch!

**Date:** Tuesday, September 17  
**Time:** Noon  
**Cost:** \$11  
**RSVP:** September 11

### Senior Olympics (April 9 - 30)

*Inspire others...Get into the Games!*

Make your mark during Decatur's 2nd annual Senior Olympics, presented by the Decatur Park District! Men and women aged 50+ are invited to compete in eight different events during the month of April. All participants will receive an event tee, and the top 3 winners in each category will take home medals. An activity list and registration forms are available at partner facilities and online at [Decatur-parks.org](http://Decatur-parks.org).



### The Devon Lakeshore Amphitheater NEW! Opening May 24!

Your destination for outdoor summer entertainment! Featuring Motown, Tribute Bands, \$5 Friday series, movies and more!



View the 2019 schedule & purchase tickets at [devonamphitheater.com](http://devonamphitheater.com)

2686 E. Cantrell St. Decatur, Illinois

**IMPORTANT: Doors at Johns Hill will not be open until one half hour before activities and meals scheduled at the center. Off-site trips will depart from Johns Hill Center unless otherwise noted. Thank you!**



## Johns Hill Center

**Johns Hill Center, 601 S. Jasper**  
**Phone: 429-7750**

Classes, special events, and trips are open to adults 55+. Programs below are held at the Center unless otherwise noted.

### Bunco

Roll the dice! This game is easy to learn and can be played with any number of people. Prizes will be awarded each month.

**Date:** 2nd Thursday of each month  
**Time:** 12:30 p.m.  
**Fee:** \$4 per person

### Watercolor Class

Learn about watercolors in this class taught by local professional artist Don Gruber.

**Date:** Thursdays, September - May  
**Time:** 9 - 11 a.m.  
**Fee:** \$25 every three months

### Game Day

Enjoy a good old-fashioned game of cards! Play bridge, rummy or pinochle. You do not need to bring a partner.

**Date:** Fridays  
**Time:** 1 - 4 p.m.  
**Fee:** \$1 refreshment donation

### Cookin' with the Chorale: "A Sentimental Journey" Presented by WAND-17

Picnic in the park and enjoy music by the Greater Decatur Chorale! Directed by Ted Hesse and accompanied by Anita Gifford, the Chorale celebrates over 30 years and features over 70 talented vocalists. Concessions and hot grills for cooking will be available at 5 p.m.



**Date:** May 25 & 26  
**Time:** 6 p.m.  
**Location:** Fairview Park Pavilion #1

### Zoo-rific Evening - Save The Date! Saturday, August 17

#### Benefiting Scovill Zoo

For tickets and sponsorship information, call the Decatur Parks Foundation at 422-5911.

### Volunteer at the zoo!

Love animals, families, and kids? Volunteer at Scovill Zoo! Call 421-7435 to learn more!



### Park Watch Program

The Park Watch program helps prevent crimes in our parks, properties, and facilities. Park Watch offers rewards for information leading to the arrest of individuals responsible for these crimes. Please be on the lookout. Park District property belongs to all in our community and is supported by tax dollars. If you witness suspicious activity or have a tip, call Park Watch at 422-5911. You may receive a cash reward of up to \$1,000. All tips and information are helpful, and you may remain anonymous.

Emergencies	911
Crime, vandalism or suspicious activity	422-5911
Macon County Dispatch	424-1311
Decatur Park District Office	422-5911



**Decatur**  
Park District