

DECATUR PARK DISTRICT LEVEL IV (Ages 11 - 18) SYLLABUS

BALLET

Recommended references:
Technical Manual and Dictionary
of Ballet by Gail Grant.

Students should be able to
demonstrate their understanding
of the material through oral and
demonstrative adjudications.

Objectives for this level include
correct placement, understanding
and performance of the following:

All Material of Level I, II and III

5 positions of the head
8 Cecchetti body positions
7 movements of dance
Rond de Jambe en demi en l'air
(45 degrees)
Enveloppe
Frappe
Pas de valse
Glissade (dessous, dessus)
Sissone
Coupe
Pique turns en dedans and en
dehors and entournant
Pas de bourree devant, derriere
Pirouette en dedans and endehors
Attitude
Understand the differences
between entrechat, changement
and entrechat quatre
Promenade
Soubresaut
Battu
Who is Enricho Cecchetti?

JAZZ

Recommended references: Luigi
and CNADM Jazz Dance Syllabus
by Tom Ralabate.

Students should be able to
demonstrate their understanding
of the material through oral and
demonstrative adjudications.

Objectives for this level include
correct placement, understanding
and performance of the following:

All Material of Level I, II and III

Chaine turns
Low level walks
High level walks
Long jazz arm
Long jazz arm inverted
Long jazz hand
Jazz port de bras
Lunge
Inward Pirouette
Outward Pirouette
Grand jete leap in 2nd position
Switch Leap
C Jump
Luigi warm up

TAP

Recommended references:
TAPWORKS by Beverly Fletcher
and AL GILBERT Level V.

Students should be able to
demonstrate their understanding
of the material through oral and
demonstrative adjudications.

Objectives for this level include
correct placement, understanding
and performance of the following:

All Material of Level I, II and III

Al Gilbert Level V
Alternate shuffles
Rhythm tap-beginning
Back flap/spank steps
Riffs (2 ct. 3 ct. 4 ct. 5 ct)
Drawback (single)
Shim Sham
Trucking
Boogie Woogie
Shuffle time step/double triple
Cramproll-Military (4ct) brush (5
ct)
Fall off the log
Waltz Clog (double & triple)
Paradiddles (double & triple)
Double Lindy
Soft shoe:
 Front essence
 Back essence
 Paddle turns
Timing
Off beat
Up beat
Down beat
Time Signature
Accent Syncopation