

# 12 Swim Lessons

## SWIM LESSONS

The Decatur Park District offers swim lessons for ages 6 months - adult! If you have questions regarding placement, call Danita at 429-3472. Registration for all swim classes will be held at the DISC (1295 W. Wood) and online at [decatur-parks.org](http://decatur-parks.org). After the start of each session, all registrations will be taken at Fairview Family Aquatic Center.

### Registration Date

Session 1, Sections A & B March 8 (\$5 late fee begins May 30)

Session 2, Sections A & B June 27 (\$5 late fee begins July 5)

**Location:** Fairview Family Aquatic Center

**Fee:** \$38 (\$34 resident discount)

**Class Dates:** Session 1, Section A June 3 - 26

Session 1, Section B June 4 - 27

Session 2, Section A July 8 - 31

Session 2, Section B July 9 - Aug. 1



## Parent/Child (6 months - 2 years)

The Parent/Child class allows children to adjust to the water. Parents will learn how to prevent aquatic emergencies and enjoy their children's interaction with others in the pool.

Code	Day	Date	Time
300502-01	M/W	June 3 - 26	9:45 - 10:20 a.m.
300502-02	M/W	June 3 - 26	10:30 - 11:05 a.m.
300502-03	M/W	June 3 - 26	5:30 - 6:05 p.m.
300502-04	M/W	June 3 - 26	6:15 - 6:50 p.m.
300502-05	T/Th	June 4 - 27	9:45 - 10:20 a.m.
300502-06	T/Th	June 4 - 27	10:30 - 11:05 a.m.
300502-07	T/Th	June 4 - 27	5:30 - 6:05 p.m.
300502-08	T/Th	June 4 - 27	6:15 - 6:50 p.m.
300502-09	M/W	July 8 - 31	9:45 - 10:20 a.m.
300502-10	M/W	July 8 - 31	10:30 - 11:05 a.m.
300502-11	M/W	July 8 - 31	5:30 - 6:05 p.m.
300502-12	M/W	July 8 - 31	6:15 - 6:50 p.m.
300502-13	T/Th	July 9 - Aug. 1	9:45 - 10:20 a.m.
300502-14	T/Th	July 9 - Aug. 1	10:30 - 11:05 a.m.
300502-15	T/Th	July 9 - Aug. 1	5:30 - 6:05 p.m.
300502-16	T/Th	July 9 - Aug. 1	6:15 - 6:50 p.m.

## Gus & Goldie (5 - 7)

For swimmers who have mastered Starfish skills and are able to go under water on their own. Front and back floats, kicks, and the front stroke will be covered.

Code	Day	Date	Time
300504-01	M/W	June 3 - 26	9:45 - 10:20 a.m.
300504-02	M/W	June 3 - 26	10:30 - 11:05 a.m.
300504-03	M/W	June 3 - 26	5:30 - 6:05 p.m.
300504-04	M/W	June 3 - 26	6:15 - 6:50 p.m.
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300504-12	M/W	July 8 - 31	6:15 - 6:50 p.m.
300504-13	T/Th	July 9 - Aug. 1	9:45 - 10:20 a.m.
300504-14	T/Th	July 9 - Aug. 1	10:30 - 11:05 a.m.
300504-15	T/Th	July 9 - Aug. 1	5:30 - 6:05 p.m.
300504-16	T/Th	July 9 - Aug. 1	6:15 - 6:50 p.m.

## Starfish (3 - 5)

Children enjoy their first experiences in the pool without parental assistance. Participants will feel confident in the water while learning basic swimming and safety skills.

Code	Day	Date	Time
300503-01	M/W	June 3 - 26	9:45 - 10:20 a.m.
300503-02	M/W	June 3 - 26	10:30 - 11:05 a.m.
300503-03	M/W	June 3 - 26	5:30 - 6:05 p.m.
300503-04	M/W	June 3 - 26	6:15 - 6:50 p.m.
300503-05	T/Th	June 4 - 27	9:45 - 10:20 a.m.
300503-06	T/Th	June 4 - 27	10:30 - 11:05 a.m.
300503-07	T/Th	June 4 - 27	5:30 - 6:05 p.m.
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300503-09	M/W	July 8 - 31	9:45 - 10:20 a.m.
300503-10	M/W	July 8 - 31	10:30 - 11:05 a.m.
300503-11	M/W	July 8 - 31	5:30 - 6:05 p.m.
300503-12	M/W	July 8 - 31	6:15 - 6:50 p.m.
300503-13	T/Th	July 9 - Aug. 1	9:45 - 10:20 a.m.
300503-14	T/Th	July 9 - Aug. 1	10:30 - 11:05 a.m.
300503-15	T/Th	July 9 - Aug. 1	5:30 - 6:05 p.m.
300503-16	T/Th	July 9 - Aug. 1	6:15 - 6:50 p.m.

## Beginner

For swimmers who have completed the Gus & Goldie level or can complete front/back float with little or no assistance. Proper breathing technique and the back crawl will be covered.

Code	Day	Date	Time
300505-01	M/W	June 3 - 26	9:45 - 10:20 a.m.
300505-02	M/W	June 3 - 26	10:30 - 11:05 a.m.
300505-03	M/W	June 3 - 26	5:30 - 6:05 p.m.
300505-04	M/W	June 3 - 26	6:15 - 6:50 p.m.
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300505-13	T/Th	July 9 - Aug. 1	9:45 - 10:20 a.m.
300505-14	T/Th	July 9 - Aug. 1	10:30 - 11:05 a.m.
300505-15	T/Th	July 9 - Aug. 1	5:30 - 6:05 p.m.
300505-16	T/Th	July 9 - Aug. 1	6:15 - 6:50 p.m.

## Advanced Beginner

For swimmers who have completed the Beginner level and can swim front stroke for 15 yards. Participants will perfect front and back stroke and begin learning breast stroke and diving. Children must be comfortable in deep water.

Code	Day	Date	Time
300506-01	M/W	June 3 - 26	9:45 - 10:20 a.m.
300506-02	M/W	June 3 - 26	10:30 - 11:05 a.m.
300506-03	M/W	June 3 - 26	5:30 - 6:05 p.m.
300506-04	M/W	June 3 - 26	6:15 - 6:50 p.m.
300506-05	T/Th	June 4 - 27	9:45 - 10:20 a.m.
300506-06	T/Th	June 4 - 27	10:30 - 11:05 a.m.
300506-07	T/Th	June 4 - 27	5:30 - 6:05 p.m.
300506-08	T/Th	June 4 - 27	6:15 - 6:50 p.m.
300506-09	M/W	July 8 - 31	9:45 - 10:20 a.m.
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300506-12	M/W	July 8 - 31	6:15 - 6:50 p.m.
300506-13	T/Th	July 9 - Aug. 1	9:45 - 10:20 a.m.
300506-14	T/Th	July 9 - Aug. 1	10:30 - 11:05 a.m.
300506-15	T/Th	July 9 - Aug. 1	5:30 - 6:05 p.m.
300506-16	T/Th	July 9 - Aug. 1	6:15 - 6:50 p.m.

## Intermediate

This class is designed for swimmers who have completed the Advanced Beginner level and can perform front and back stroke for 25 yards. Children will continue to perfect breast stroke, dives, and build their endurance.

Code	Day	Date	Time
300507-01	M/W	June 3 - 26	10:30 - 11:05 a.m.
300507-02	M/W	June 3 - 26	6:15 - 6:50 p.m.
300507-03	T/Th	June 4 - 27	9:45 - 10:20 a.m.
300507-04	T/Th	June 4 - 27	5:30 - 6:05 p.m.
300507-05	M/W	July 8 - 31	10:30 - 11:05 a.m.
300507-06	M/W	July 8 - 31	6:15 - 6:50 p.m.
300507-07	T/Th	July 9 - Aug. 1	9:45 - 10:20 a.m.
300507-08	T/Th	July 9 - Aug. 1	5:30 - 6:05 p.m.

## Swimmer

For those who have completed the Intermediate level or are looking to strengthen their swimming strokes. Participants will begin learning the butterfly stroke, while building endurance and perfecting all swimming strokes and dives.

Code	Day	Date	Time
300508-01	M/W	June 3 - 26	10:30 - 11:05 a.m.
300508-02	M/W	June 3 - 26	6:15 - 6:50 p.m.
300508-03	T/Th	June 4 - 27	9:45 - 10:20 a.m.
300508-04	T/Th	June 4 - 27	5:30 - 6:05 p.m.
300508-05	M/W	July 8 - 31	10:30 - 11:05 a.m.
300508-06	M/W	July 8 - 31	6:15 - 6:50 p.m.
300508-07	T/Th	July 9 - Aug. 1	9:45 - 10:20 a.m.
300508-08	T/Th	July 9 - Aug. 1	5:30 - 6:05 p.m.

## Adult (16 & up)

Adults can become familiar with the water or brush up on their swimming skills. Instructors will work at each individual's level.

Code	Day	Date	Time
300509-01	M/W	June 3 - 26	6:15 - 6:50 p.m.
300509-02	T/Th	July 9 - Aug. 1	6:15 - 6:50 p.m.

## Junior Lifeguard Program (11 - 15)

Ellis lifeguards put students through the paces as they learn techniques necessary to be a real lifeguard at age 16! Includes instruction in water safety, lifeguarding and leadership skills, facility operations, teamwork, First Aid, and CPR. Participants must be able to swim the length of the pool.

Code	Day	Date	Time
300501-05	T/Th	June 4 - 27	10:30 - 11:15 a.m.
300501-06	T/Th	June 4 - 27	6:15 - 7 p.m.
300501-07	T/Th	July 9 - Aug. 1	10:30 - 11:15 a.m.
300501-08	T/Th	July 9 - Aug. 1	6:15 - 7 p.m.

**Location:** Fairview Family Aquatic Center

**Fee:** \$39 (\$35 with resident discount)

## Pool Info & Cancellations

Cancellations and changes for Open Swim, Toddler Time, and all Swim Lessons will be posted on the Fairview Family Aquatic Center Facebook page and on the Rainout Line at 427-3488, extension 2.

## SCUBA Lessons

Learn to SCUBA dive at Fairview Family Aquatic Center! Instruction is provided by the professionals at the Pro Dive Shop. Call 428-0599 for information and rates.

## SUP Fitness

This amazing workout at Fairview Family Aquatic Center can be done on water or on deck! Individuals aged 16+ will improve flexibility, balance, and control with Abi McIntosh. Give it a try!

Day	Date*	Time
W	June 5 - July 31*	7:30 - 8:15 a.m.
Th	June 6 - August 1*	7 - 7:45 a.m. & 8 - 8:45 p.m.

\* No classes will be held July 1 - 4

Register at [tinyurl.com/ffacsupyoga](http://tinyurl.com/ffacsupyoga) beginning June 5. Registration opens at 9 a.m. each Monday, and only those with a reservation will be guaranteed a board. Max water participants: 6. Land participants: unlimited. Bring your mat!

Water Fee: \$15 (\$12 for DISC Full-Facility & Pool Pass Holders)  
Land Fee: \$6 (\$4 DISC FF and Pool Pass)

Rainout Line: 427-3488