



INDOOR SEASON GUIDELINES @ THE DISC

- All leagues will check in at front desk
- All programs will check in at their court assignment by coaches.
- All patrons & players should wear a face covering when entering & exiting the DISC.
- Face coverings should be worn at all times while exercising or participating in practice or competition indoors (unless an individual has a medical condition or is under the age of 2)
- Please utilize our ONE- WAY SYSTEM. Use the lobby stairs behind the front desk as you enter down to main courts & side stairwell to exit. If siblings come, they must **STAY** with parent/guardian.
- We will limit pod sizes of players to 25 as per IDPH guidelines, so players can limit their exposure.
- The North baseball batting cage will be open for extra space but will not be useable for soccer players to juggle
- No soccer balls will be allowed out of players bags until immediately entering the court space.
- Spectator limits will depend on the specific program (see below). For all, there will be markers on bleachers & floor to assist with social distancing. Spectators are also required to wear a face covering. If spectators are inside the curtain/dividers on courts helping with a Little Kritters program they will ALSO be required to wear a face covering.
- We have adjusted our program times to allow for proper time for groups to exit & the next group to enter to avoid congregating or overlapping of patrons.
- All leagues are in accordance with IDPH guidelines & will be under new formats & restrictions in pods of 25 with strict roster limits.
- When we have 3 courts playing at one time, court 1 will be released first, then court 2, then court 3 at 1 minute intervals. This will allow us to have less people congregating.



SPECTATOR LIMITS BY PROGRAM

Little Kritters (Mondays)

- 2 spectators per participant.

Developmental Youth Indoor (Mondays)

- 1 spectator per participant.

Total Performance Training (Tuesdays)

- 1 spectator per participant

Adult Leagues (Thursdays)

- 1 spectator per participant

Youth League (Fridays)

- 1 spectator per participant

High School Leagues (TBD)

- 1 spectator per participant

As a general rule, please try to limit how many spectators attend. If siblings come, they must be with parent/guardian.