

# DISC Day Camp Parent Packet

Welcome to the start of a fantastic summer with the Decatur Park District's Summer Day Camp. Our staff is ready for a fun and exciting summer. Please read this packet carefully. Our goal is to provide a fun and safe camp experience while creating many wonderful memories for your child.

Enclosed you will find detailed information about our Summer Day Camp. Our camp is for youth entering grades K-8 in the fall, although they still must be 5 to start camp and can still attend when they are 14. Listed below are all of the necessary forms needed to ensure your child's safety. These must be completed and returned **BEFORE** the first day of camp. **You will not be permitted to drop off your child until completed!!**

- Camper Information Form
- Parent Sign Offs: Payment Policy, Discipline Policy, Photo Waiver, Sunscreen Form
- Health History Form
- Child Release Form
- Transportation Form (if registered for other Park District programs)
- Rock Wall, Bubble Ball & Nerf Gun Waivers
- Medications Policy (if needed)

## **Staff**

1<sup>st</sup> contact: Cait Black, DISC Assistant Manager, 429-3472, cblack@decparcs.com

2<sup>nd</sup> contact: Danita Roseman, Recreation Supervisor, 429-3472, danitad@decparcs.com

The Day Camp Staff are mature teachers, college and high school students. We maintain a camper to staff ratio of 8:1. All of the staff have been given a background check, completed training in CPR and first aid, mandated report and sexual harassment training, and all drivers have completed a Defensive Driving course.

## **Summer 2021 Schedule**

Day camp hours are 6:30 a.m. to 6:00 p.m.\* Camp activities occur between 8:30 a.m. and 3:30 p.m., so we ask that your child is dropped off by 8:30 a.m. and not picked up until after 3:30 p.m. unless previously arranged.

*\*Please note that your child does not have to be at camp this entire time, it is just the earliest drop off and latest pick-up time.*

The first day of camp is Monday, May 24 and the last day is tentatively set for Tuesday, August 11. This ending date may change to follow DPS's schedule. There will be no camp on May31.

Our home base is the Decatur Indoor Sports Center (DISC), 1295 W. Wood, 429-3472. Our home park is Kiwanis Park, on Redwood Avenue. Our home pool is Splash Cove, 2125 E Nelson Park Blvd, 619-8080.

Locations will vary depending on what activities are scheduled for the week. Schedules detailing the location of the activity and a contact number will be available one week in advance at the front desk of the DISC.

## Typical Daily schedule

Morning free time at the DISC begins at 6:30 a.m. until approximately 8:30 a.m. From approximately 8:30 a.m. – 3:15 p.m., the majority of time is spent at Kiwanis Park including lunch time. Children will have the opportunity to participate in a variety of organized activities in smaller groups or as a camp. Each group will swim twice a week, either Monday and Wednesday or Tuesday and Thursday. Children will return to the DISC for afternoon free time by 3:30 p.m. to accommodate different departure times.

A weekly schedule will be available every Wednesday afternoon outlining each day's activities. These schedules can be found at the front desk of the DISC or on our Camp Facebook page (Search "DISC Day Camp"). They are printed on paper color that corresponds to your child's group name.

## Field Trips

Campers will participate in a field trip with Camp every week. Field trips are usually taken on Fridays and the cost is included in the camp fee. Make sure to check the weekly schedule for each field trip time. In some cases, morning and afternoon free time may be adjusted to accommodate travel time. Campers must arrive at least 10 minutes before the departure time to participate in the field trip. **Campers are expected to wear their provided Day Camp T-shirts on field trip days.** Campers will only receive one camp shirt for the summer. Additional shirts will be sold for \$7.00 each.

## Drop Off and Pick up Procedures

Each day your child should be dropped off at the DISC between the hours of 6:30 a.m. and 8:30 a.m. Upon arrival, you will sign in your child with the receptionist at the front desk and your child will immediately go to the Auxiliary Gym unless told otherwise. You must always check in at the DISC, even if joining camp later in the day. Your child can be picked up from the Auxiliary Gym unless told otherwise between the hours of 4:00 and 6:00 p.m. Only those listed on the Child Release Form will be allowed to pick up your camper. Please notify Day Camp staff if someone needs to be added to your child release throughout the year. You must come inside and sign out the child in the Auxiliary Gym unless told otherwise.

If you need to pick up or drop off your child at another time, please see the schedule for our location at that time or call the camp cell phone (phone number can be found on weekly schedule). Informing the staff ahead of time is helpful so they can have the child prepared.

*\*Please do not park in the circle drive at the DISC when picking up your child as this is an emergency lane.*

## Late Pick-up Policy

The Day Camp Staff will supervise children who are left beyond the scheduled time until a parent or authorized adult on the pick-up list arrives. However, late pick-ups will result in a fee. Payment of the late fee is to be paid at the Decatur Indoor Sports Center before your child can attend the next day of camp. If you have any questions, please call Cait Black or the camp cell phone.

1-10 minutes late = \$5.00      Every minute after that = \$1.00

## Unauthorized Departure

In the event that a camper leaves or runs away from the Day Camp program without authorization, the following steps will be taken.

1. Day Camp Staff will encourage the child to return voluntarily.

2. The Park Police will be called to locate the child because Day Camp Staff is not permitted to leave the grounds when supervising children.
3. The parent/guardian will be contacted. If they are not available the emergency contact will be called.
4. Camper may be subject to disciplinary action for reoccurring unauthorized departures.

## **Food**

Please have your child eat breakfast prior to arriving at camp. Campers are required to bring a labeled water bottle and cold sack lunch daily (we do not have access to a microwave, so please do not pack food that needs to be heated up). Water coolers will be provided at the park to refill water bottles. The Day Camp Staff will provide an afternoon snack and drink. Please note our Monday-Thursday afternoon snack must be eaten at the DISC per Aramark policy, campers cannot take it with them if they are picked up early. There are concessions at the pool and some field trip locations, as well as vending machines at the DISC, so you may send your child with money if you wish. *However, the Day Camp Staff is not responsible for any money while at camp!*

## **Attire**

Due to the active nature of day camp, all participants are required to **wear tennis shoes** daily. Flip Flops may be packed for swim and water days. Slip-on tennis shoes, back-less tennis shoes or those with zippers rather than shoelaces do not provide adequate ankle support and participants are not encouraged to wear them to camp. Dress should be appropriate for “playtime” and outdoor activities. Please do not send your child in brand new clothes. Skirts and dresses are also discouraged. Be aware of daily weather conditions and send your child dressed appropriately. Please pack swim wear every day in case we play water games.

## **Sunscreen**

We will try to balance indoor and outdoor activities at camp.

Day camp staff will apply sunscreen to campers when we go outside. Staff will apply spray sunscreen on bodies and observe campers putting lotion sunscreen on faces. If your child is fair skinned or burns easily, we recommend sending them with their own sunscreen, hat, etc. to help reduce the risk of burns. While we do our best with sunscreen, we cannot guarantee your child will not get red.

## **Personal Property/Lost & Found**

Please note that the Day Camp Staff is not responsible for camper’s property while at camp, so bring items such as money, electronics, gaming cards, etc., at your own risk. Day Camp does have a lost and found if your child is missing something. We recommend labeling your child’s bookbag, lunch box, water bottle, etc.

## **Communication**

If you have any concerns regarding the program and/or your child, speak to Cait Black. Any questions concerning fees can be directed to the DISC office.

A cell phone number will be given out in the beginning of summer if you need to contact a Day Camp Staff member or camper between the hours of 6:30 am-6:00 pm Monday – Friday. The Day Camp staff will have access to your child’s emergency contact information. If at any time your contact number changes, please provide the staff with the new number where you can be reached.

Parents should not contact Day Camp staff via Facebook. Please use to the following outlets to communicate concerns, schedule changes, etc.: day camp cell phone, in person to camp staff, by email to Cait, or by phone to Cait. Also note that the DISC front desk staff are NOT day camp staff. They cannot always answer specific questions about camp, so again, please use the outlets listed above.

### Home Concerns

Any trouble or changes your child has at home may affect behavior during camp. Please keep the staff informed of any unusual circumstances so that we can be sensitive to your child’s needs. If necessary, feel free to discuss issues privately with a staff member away from your child, staff or others in the program.

## Health and Safety

### Medication

In the event a child must have medication, the parents need to:

1. Contact the Day Camp Directors and obtain necessary forms.
2. Put all directions in writing on the designated form. Secure supervisory approval 24 hours prior to dispensing medications.
3. A change in medication or the administration of medication requires notification to one of the Day Camp Directors. An additional waiver may be required.
4. Place medication in individual packets marked camper’s name, time, medication name, and proper dosage.

### Illnesses

If your child is ill or has a fever, your child cannot attend Day Camp. If your child becomes ill while at camp you will be notified and asked to pick your child up. If a parent/guardian is unavailable, your emergency contact will be called. Staff will determine if a child can remain at camp using the following guidelines:

- **Temperature of 100.4° degrees:** A child who is ill or has a persistent illness may not be at camp with a fever even if controlled by medicine.
- **Vomiting:** A child who vomits will be sent home immediately.
- **Strep Throat:** If a physician diagnoses strep throat, a child needs to be on an antibiotic for 24 hours before admittance to camp is allowed.
- **Diarrhea:** A child who experiences diarrhea more than twice in a day will be sent home.
- **Chicken Pox:** A child must remain home until **all** blisters have dried and formed scabs. This usually is 7-10 days after the pox begins.
- **Ring Worm:** A child may return to camp after 24-hours of beginning treatment.
- **Pink Eye:** A child with symptoms of pink eye or conjunctivitis will be sent home. If a physician diagnoses pink eye, the child will need to have 3 doses of drops before returning to camp.
- **Head Lice:** A child must remain at home until the first treatment is completed with no further active lice or nits seen.

- **COVID-19 Symptoms:** A child who exhibits symptoms of COVID-19 should wait to enter the premises until they have had no fever for at least 72 hours, other symptoms have improved, and at least 10 days have passed since their symptoms first appeared.

Please make sure to have a plan in place for when your child gets sick while at camp. This is for the well-being and comfort of your child as well as the other children.

Your child must be fever free for 72 hours before returning to camp. A doctor's note will be required for re-admittance after the following illnesses: Strep Throat, Ring Worm, Pink Eye, and COVID-19.

In the case of a contagious disease, please notify the Day Camp staff immediately. All parents/guardians will be notified as soon as possible. Your cooperation is appreciated.

### Potty Training

We do ask all campers be potty trained in order to come to camp. If your camper has continual issues with accidents, we may ask for you to discontinue coming to camp until the issue is resolved.

### Medical Emergencies

If your child is injured during camp requiring more than basic first aid, 911 will be called first if necessary, then a parent/guardian will be called. If they are not available the emergency contact will be called.

### Program Plan Changes

In the event that a change must be made to the weekly schedule, Day Camp staff will notify parents as soon as possible. If time allows, a note will be sent home with parents, or you can find all changes posted on our Facebook page. In the case of inclement weather, the campers will not be outdoors and will remain at the DISC.

### Equal Access

No eligible participant shall, on the basis of race, sex, creed, national origin, or disability be denied equal access to programs, activities, services or benefits or be limited in the exercise of any right, privilege, advantage or opportunity.

Upon registration or entry into the program, the parent/guardian will be required to inform Day Camp staff of any special accommodations needed.

### Childcare Statement

Below are the instructions for obtaining your childcare statement online. This can be done at the end of the summer.

- Log on to [www.decalur-parks.org](http://www.decalur-parks.org)
- Go to: "Register Online"
- Enter your user id and password
- Pull down under "My Account" then "Childcare Statement"
- Enter year needed
- Submit
- Print PDF document

- If you are unsure of your username/password, please call the DISC at 429-3472 and the front desk can email you your log in information. Please do not create a new account unless they advise you to.

If you have any problems contact Cait for help.

## **Behavior and Discipline**

The Day Camp program operates based on the following code of conduct:

1. I will accept responsibly for myself.
2. I will respect the rights of others.
3. I will treat property with respect.
4. I will solve all problems peacefully.
5. I will always do my best.

Discipline violations are covered in more detail in the Day Camp Discipline Policy. All violations will be handled on an individual basis. Refunds will not be given in case of suspension or expulsion.

The Day Camp Staff uses a three strikes system. (Varying with severity of infraction)

- Three verbal warnings = A written warning
- Three written warnings = A Suspension
- Two suspensions = Expulsion (*Expulsions last until the following summer*)

## **Definitions of Consequences**

**Written Warning** – Parent and child must sign the write up explaining the incident and the action being taken. 3 written warnings will result in a suspension.

**Suspension** – The child is temporarily excluded from activities and may not come to camp. The number of days will depend upon the severity of the action.

**Expulsion** – The child is not allowed to participate in any camp activities or return to camp until the following summer.

## **Discipline Violations**

1. **Disruptive Behavior/Horseplay** – abrupt actions negatively affecting other campers' experience
2. **Physical Confrontation or Violence with Staff or Camper** - causing or attempting to cause physical injury to any staff or campers
3. **Theft** - taking or using public or private property without permission or authorization
4. **Use or Possession of Alcohol, Tobacco, Illegal Drugs, or Weapons** - use or possession of alcohol, tobacco, illegal drugs, or an object intended to be used in a menacing manner for the purpose of intimidating or injuring others during any Day Camp activity/field trip

**5. Vandalism** - showing disrespect for the property of others, games, equipment, the parks, playgrounds, etc.

**6. Verbal Abuse/Profanity/Obscenity to Anyone** - profane or obscene language/gestures, possession of magazines/literature or wearing articles of clothing that suggest an overt sexual nature

**7. Willful Defiance of Authority** - failure of a camper to STOP doing/saying something that a staff member has directed them to stop doing

**8. Bus/Van Misconduct** - includes but is not limited to any of the behaviors as listed above, repeated willful disobedience of the bus driver's or other supervisor's directions, or any behavior that threatens the safe operation of the bus/van and its occupants

Any of the above violations may result in a written warning, suspension, or expulsion depending on the severity of the infraction.

If your child is sent home for misbehaving, you will not be refunded for the days that your child is out of camp.

## **Payment Information**

### ***Weekly Rates:***

Residents: \$150 1<sup>st</sup> child, \$127.50 for each additional child

Non-Residents: \$170 1<sup>st</sup> child, \$144.50 for each additional child.

### ***Daily Weekly Rates:***

Residents: \$38 1<sup>st</sup> child, \$32.30 for each additional child

Non-Residents: \$43 1<sup>st</sup> child, \$36.55 for each additional child.

- Registration and payment must be made by noon Friday for the following week. YOUR CHILD MAY NOT ATTEND CAMP IF YOU HAVE NOT PAID, or you will be subject to suspension. Registration after that deadline will result in a \$5 late fee per child.
- If your child must miss a day because of illness, we ask that you call the camp phone the evening prior or the morning of camp to notify staff. Sick days may be switched to another day if Cait is properly notified.

*Thank you for your patronage. Best wishes for an active summer of fun!*  
Sincerely, Cait Black & the day camp staff

## Camper Information

**Child's First & Last Name:** \_\_\_\_\_ **Preferred Name:** \_\_\_\_\_

**D.O.B.:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **Gender:** M F **Grade entering Fall 2021:** \_\_\_\_\_

**T-Shirt Size (circle one):** YS YM YL YXL AS AM AL

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_

**Guardian #1 First & Last Name:** \_\_\_\_\_

**Relation (circle one):** Mother Father Grandparent Other: \_\_\_\_\_

**Cell Phone:** \_\_\_\_\_ **Work Phone:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Guardian #2 First & Last Name:** \_\_\_\_\_

**Relation (circle one):** Mother Father Grandparent Other: \_\_\_\_\_

**Cell Phone:** \_\_\_\_\_ **Work Phone:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Emergency Contacts** - *Please list contacts in order you would like us to call, including yourself if applicable.*

**Emergency Contact #1:** \_\_\_\_\_ **Preferred #:** \_\_\_\_\_

**Emergency Contact #2:** \_\_\_\_\_ **Preferred #:** \_\_\_\_\_

**Emergency Contact #3:** \_\_\_\_\_ **Preferred #:** \_\_\_\_\_

**Preferred Hospital (circle one):** DMH St. Mary's



## Parent Sign Offs

Child's First & Last Name (printed): \_\_\_\_\_

*As the parent or guardian of this camper, my initials below indicate that I acknowledge the following statements:*

### **Policies & Payment**

\_\_\_\_\_ I have read the Day Camp Parent Packet and Discipline Policy. I understand that this policy is designed to ensure the safety and well-being of each camper. I further understand that any violation of this policy will result in consequences outlined in the Parent Pack and Discipline Policy, including possible suspension or expulsion from the Day Camp program.

\_\_\_\_\_ I have explained the Day Camp Discipline Policy to my camper and educated the expectations of them while they are at camp.

\_\_\_\_\_ I have read and understand the payment and refund policy.

### **Photo Waiver**

\_\_\_\_\_ I understand that my child(ren) may be photographed while participating in a Decatur Park District Program. I give permission for photos of my child(ren) to be used to promote the Park District.

### **Bug Spray**

\_\_\_\_\_ I allow the day camp staff to apply bug spray on my child if and when needed.

### **Sunscreen**

The Summer Day Camp participants are often outside and in the sun. Therefore, sunscreen is very important and should be applied frequently to prevent sunburn. You may send your child with their own sunscreen with their name clearly printed on the bottle. The staff will also provide sunscreen that your child can use. The staff will be available to apply the sunscreen on your camper if you wish. Please check yes if you would like the staff to apply sunscreen on your child when outside in the sun for extended periods of time. Please check no if you do not want the staff to apply sunscreen on your child.

- Yes, please apply sunscreen on my child.
- No, please do not apply sunscreen on my child.

Parent/Guardian's Name (printed): \_\_\_\_\_

Parent/Guardian's signature: \_\_\_\_\_ Date: \_\_\_\_\_

### Health History Form

Child's First & Last Name (printed): \_\_\_\_\_

Allergies (including medication, food, etc.): *\*Complete medication policy for Epi-pens*  
\_\_\_\_\_  
\_\_\_\_\_

Dietary Restrictions:  
\_\_\_\_\_

General Questions:

Does your child:	<u>Yes</u>	<u>No</u>
1. Have frequent headaches?	_____	_____
2. Wear glasses, contacts, or protective eyewear?	_____	_____
3. Ever pass out from exercise?	_____	_____
4. Have an orthodontic appliance at camp?	_____	_____
5. Have diabetes?	_____	_____
6. Have asthma?	_____	_____ <i>*Complete medication policy for inhalers</i>

My child is up to date on his/her immunizations and tetanus shots? YES \_\_\_\_\_ NO \_\_\_\_\_

Use this space to provide any additional information about the participant's behavior physical, emotional, or mental health which the camp should be aware.

\_\_\_\_\_  
\_\_\_\_\_

If your child has any restrictions or limitations to activity please explain below.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*If your child needs to take medication at camp or requires an inhaler or Epi pen, please complete Medication Dispensing form.*

**Parent/Guardian Authorization:** This health history is correct and complete as far as I know, and the person described above has permission to engage in all camp activities, except as noted.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Child Release Form

Child's First & Last Name (printed): \_\_\_\_\_

Only people listed below, after showing their photo ID, will be allowed to pick up your child. Please list all pick up persons, including guardian #1 and guardian #2.

Name	Phone	Relationship
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____

## Transportation Form

This form must be filled out if the Day Camp Staff will be transporting your child to other Decatur Park District Programs that you are registered for. An example would be: Intermediate Swim Lessons, Splash Cove, 6/1 – 6/26, 9:45 – 10:20, Mondays & Wednesdays.

Program Name: \_\_\_\_\_ Location: \_\_\_\_\_

Dates: \_\_\_\_\_ - \_\_\_\_\_ Time: \_\_\_\_\_ - \_\_\_\_\_ Day(s) of the week: \_\_\_\_\_

Program Name: \_\_\_\_\_ Location: \_\_\_\_\_

Dates: \_\_\_\_\_ - \_\_\_\_\_ Time: \_\_\_\_\_ - \_\_\_\_\_ Day(s) of the week: \_\_\_\_\_

Program Name: \_\_\_\_\_ Location: \_\_\_\_\_

Dates: \_\_\_\_\_ - \_\_\_\_\_ Time: \_\_\_\_\_ - \_\_\_\_\_ Day(s) of the week: \_\_\_\_\_

***Please return pages 8-11, Rock Wall, Bubble Ball & Nerf Gun waivers to DISC.***

**BUBBLE SPORTS PROGRAM WAIVER & RELEASE OF ALL CLAIMS  
& ASSUMPTION OF RISK**

**IMPORTANT INFORMATION**

The Decatur Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Decatur Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this program must recognize that there is an inherent risk of injury when choosing to participate in bubble sports.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

**WARNING OF RISK**

Bubble sports are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury. All hazards and dangers cannot be foreseen. Because bubble sports are a contact sport played with little or no safety equipment and because it puts great demands on stamina, the very nature of the game of bubble sports is hazardous and risky. Such risks and dangers include, but are not limited to: colliding with other players, spectators, or stationary objects; being struck by players while sitting on the bench or standing on the sidelines, acts of God, inclement weather, poor officiating, inadequate or defective equipment, failure in supervision or instruction, poor officiating, unsportsmanlike conduct, dangerous or defective playing conditions such as rocks or holes on or off the playing field, horseplay, carelessness, and all other circumstances inherent to sport of bubble sports. In this regard, it is impossible for the Decatur Park District to guarantee absolute safety.

**WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK**

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Decatur Park District, including its officials, agents, volunteers and employees.

I further represent that I (or my minor child/ward) understand the nature of bubble ball and that I (or my child/ward) am qualified, in good health, and in the proper physical condition to participate in bubble sports activities.

**I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.**

PLEASE PRINT

Participant's Name \_\_\_\_\_

Participant's Signature \_\_\_\_\_  
(18 years or older or Parent/Guardian)

Date \_\_\_\_\_

**PARTICIPATION WILL BE DENIED**

**If the signature of adult participant or parent/guardian and date are not on this waiver.**

This Waiver Shall is in effect for three years from the date above.

## DISC ROCK WALL WAIVER

Climber #1 First Name	Climber #1 Last Name	Date of birth	Age	Male <input type="checkbox"/>	Female <input type="checkbox"/>
Climber #2 First Name	Climber #2 Last Name	Date of birth	Age	Male <input type="checkbox"/>	Female <input type="checkbox"/>
Climber #3 First Name	Climber #3 Last Name	Date of birth	Age	Male <input type="checkbox"/>	Female <input type="checkbox"/>

For each visit, all climbers will check in at the front desk upon arrival. If you have any changes to this form please let us know.

All climbers and belayers must sign the release form before they will be allowed to participate. Belayers will be safety checked by one of our instructors for knowledge of: proper belaying (belaying is holding the safety rope for the climber), knot tying, climbing commands, and equipment safety. Our belaying/climbing class can teach you those skills.

All lead climbing is prohibited, unless you have attended and passed our lead climbing class.

Only climbing equipment approved by the DISC is to be used in the climbing facility (this includes knots). All climbers must tie into and belay directly off their harness. Loose chalk is not allowed in the gym. Chalk balls only!

No instruction is allowed except by a DISC staff member during a class.

Climber and belayer must always double check **each other's** systems before **each and every** climb.

Instructors will be walking the gym area and supervising procedures. If climber or belayer is seen being unsafe, they will both be required to pay \$10 for a safety course. If they are found to be unsafe after instruction they will be asked to leave the facility ...definitely.

**No bare feet allowed anywhere!** This complies with Illinois State Health Codes.

No one under any circumstances is to have their hand above the first bolt hanger while climbing **unless belayed**. No climber should pass directly beneath another climber.

No horseplay! No running, yelling, jumping or swinging on ropes. No throwing of anything at climbers or anywhere else.

No alcohol, drugs or tobacco allowed. Anyone suspected of being under the influence will not be permitted in the gym. No foul language within the DISC. No chewing gum, food or beverages are allowed in the gym area.

Management has the right to suspend or terminate any participant's membership or activity into the DISC for any violation of the policies and/or rules. In such case, there will be no refund of fees.

By signing, I confirm that I have read and fully understand and agree to the Rules of the Gym. Please sign the back.

**RELEASE**

In consideration of my being permitted by the Decatur Park District/DISC, to climb at its facility, I agree to the following waiver and release, and I make the following representations.

I acknowledge the inherent extreme risks in rock climbing activities, including those that take place indoors. I realize that those risks include falls, equipment failure, bad decision-making, inattentive belayers, and holds that have become loose or damaged other climbers. I understand that there are unforeseeable, freakish accidents, and I assume all risks associated with such accidents, even though I cannot foresee them. I agree to pay attention to the state of the ropes in the gym and that of the anchors, and to advise staff if I do any damage or notice any damage, I agree to abide by all DISC rules, and if DISC staff makes a specific request of or instruction to me, I agree to comply.

(OVER)

I am physically fit and know of no medical or health reason why I should not participate in the activities that take place at the DISC and the climbing wall.

I agree to assume all risk of personal injury, including paralysis and death, which may occur while I am in the DISC or while I am climbing anywhere, at any time. I hereby release the Decatur Park District/DISC, its owners, officers, employees, wall builders, wall designers, hold manufacturers, lessors, volunteers, insurers, and agents, from all liability for any such personal injury that may incur. This Release even extends to injuries that may occur through the NEGLIGENCE of DISC employees or other parties released.

I understand that indoor climbing is not the same as outdoor climbing, and that additional skills are necessary for outdoor climbing that cannot be acquired in the gym. I agree to seek qualified instruction before attempting to climb outdoors.

This release applies to and binds my personal representative, heirs, and my family. If a member of my family under the age of 18 accompanies me to the gym, I make this release and these representations on his or her behalf, as well as my own, and I agree to assume responsibility for his or her safety.

Parents and Guardians take note!

If I am a parent or guardian of a minor climbing at the DISC, whether or not I am a participant or am present when the minor is climbing, I agree to indemnify and hold harmless the Decatur Park District/DISC, and other parties released, in the event a minor member of my family sues them or any one of them. I understand that this means I will pay all fees, costs, and charges incurred by the Decatur Park District/DISC or any other party released, including attorney fees.

I understand that this release is a binding legal contract. I sign it of my own free will. I also understand that this contract is severable; in other words, that if any part of it is held by a court of law to be unenforceable, the rest of it shall survive.

For a minor, 17 years and younger

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

For an adult, 18 years or older

Adult Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Please complete the following section.**

_____	_____	(____)____-____	
Adult First Name	Adult Last Name	Phone Number	
_____	_____	_____	
Permanent Address	City	State	Zip Code
_____ How did you hear about us? _____			
Email Address			
Do climbers have any medical problems we should know about? Yes ___ No ___ Explain _____			