



**ZUMBA®**  
FITNESS

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Zumba is a mixture of Latin and International music/dance themes that create a dynamic, exciting, fun, and easy to do workout. The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body.

***Tuesday and Thursday***

***7:00pm- 8:00pm***

***Dance Studio 2***

***COME  
AND  
JOIN  
THE  
PARTY***

***ZUMBA  
IS  
BACK!!***

